



Sept. 14, 2008  
10:00 AM  
Dr. Bradley Trask

John 5:1-11  
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**Part 1: 'God's Prescription for a Healthy Life'**

**A STRANGE QUESTION FOR A MISERABLE MAN**

John 5:6 '...Do you want to get well?'

'Well' —> not a matter of h \_\_\_\_\_  
but of w \_\_\_\_\_

HEALING	VS	WHOLENESS
Temporary		P _____
P _____		Complete
Corrective		D _____

**STUCK? 3 IMPORTANT LIFE LESSONS**

**#1 STOP MAKING E \_\_\_\_\_ AND TAKE "RESPONSE A \_\_\_\_\_"**

John 5:7 'Sir', the invalid replied, 'I have no one to help me into the pool when the water is stirred. While I am trying to get in, someone else goes down ahead of me.'

Romans 1:20



*Famous Excuses*

- The excuse of L \_\_\_\_\_  
Exodus 16:2,3      Numbers 20:3,4      Jeremiah 7:24
- The excuse of L \_\_\_\_\_ (unwilling)  
John 5:7b      John 2:25
- The excuse of L \_\_\_\_\_  
John 11:21,32

**#2 STOP A \_\_\_\_\_ AND START TAKING A \_\_\_\_\_**

John 5:7

James 2:26 As the body is dead without the spirit, so faith without deeds is dead.

**#3 STOP FOCUSING ON WHERE YOU A \_\_\_\_\_ AND START FOCUSING ON WHERE YOU WANT TO G \_\_\_\_\_**

John 5:6 ...he had been in this condition for a long time, he asked him 'Do you want to get well?'

Jeremiah 29:11 'For I know the plans I have for you', declares the Lord, 'plans to prosper you and not to harm you, plans to give you hope and a future!'

'Wellness' —> T \_\_\_\_\_ is a commitment to a process

There are no hopeless situations; there are only people who have grown hopeless about them.  
Clare Booth Luce

