



Sept. 28, 2008  
10:00 AM  
Dr. Bradley Trask

John 5:1-11  
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**Part 2: 'Three G Living'**

'Well' —> not a matter of healing but of wholeness (completeness)  
Wellness/wholeness takes care of our physical, mental, emotional and spiritual!

1 Thessalonians 5:23 May God Himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.

**STUCK? 3 WORDS FROM JESUS**

**#1 GET U \_\_\_\_\_!**

John 5:8 Then Jesus said to him, 'Get up!...'

Ephesians 5:14 Wake up, O sleeper, rise from the dead, and Christ will shine on you.'

**#2 GET O \_\_\_\_\_ | \_\_\_\_\_!**

John 5:8 'Then Jesus said to him, 'Get up! Take up your mat....'

Galatians 6:4,5 Each one should test his own actions. Then he can take pride in himself, without comparing himself to somebody else, for each one should carry his own load.

**#3 GET O \_\_\_\_\_ W \_\_\_\_\_ | \_\_\_\_\_!**

John 5:8 Then Jesus said to him, 'Get up! Take up your mat and walk.'

'Walk' (Old English) —> *to live in a particular way*

- Romans 6:4 Walk in newness of life
- 2 Cor. 5:7 ...Walk by faith and not by sight
- Ephesians 5:2 Walk in love
- Ephesians 5:8 Walk as children of light
- Ephesians 5:15 Walk circumspectly (with wisdom)
- 1 John 1:7 Walk in the light...

**WHAT STEPS? FIVE STEPS TO CHANGE**

- P \_\_\_\_\_ (Psalm 145:18)
- P \_\_\_\_\_ (Proverbs 23:7, 29:18)
- P \_\_\_\_\_ (Ecclesiastes 4:9,10)
- P \_\_\_\_\_
- P \_\_\_\_\_ (Proverbs 24:16)

